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| Name: MR.NARAYANA SWAMY | Reg No: 20-3SMHC19 |
| Age / Sex:64/M | Contact No:9448853711 |
| Marital Status:MARRIED | Date:26/3/19 |
| Occupation:BUSINESS | Dr. PJFP |
| Address:  LAKSHMI MADAMS FATHER. | DIAGNOSIS- |

1. LEFT SHOULDER PAIN AND ARM MUSCLES ARE VERY PAINFUL FROM AN YEAR. < LYING DOWN. > LYING ON SIDES.
2. FEET PAIN FEELS LIKE AS IF FAT WALKING ON COTTONY FEELING. BURNS CAN’T SIT CROSS LEGGED FROM 1 YEAR. RT LEG MORE.
3. GETS KNEES PAIN AND THIGHS PAIN ALSO. CANT WALK ALSO. PAIN.

* GOT TREATED FOR ACUTE PANCREATITIS AND SURGERY AN YEAR AGO.
* CHRONIC SMOKER AND ALCOHOLIC.
* SAYS NOW HE QUIT.

1. GASTRITIS. LEFT CHEST PAIN AT TIMES AND UMBILICAL REGION.

RX:

1. THUJA 50M – 1 DOSE
2. APIS 200+BRYONIA200 -4-4-4 PILLS B/FOOD 3 DRAM
3. NAT SULPH 200 – 1 DRAM 40 SIZE PILLS AFTN B/FOOD.
4. RUB 15 1 TAB NIGHT B/FOOD.
5. KURCHI/HYDRASTIS – 15-15-15 DROPS A/FOOD WATER.

13/4/19: occasional got use to take sleeping tablet. Post surgery due to pain use to take now taking when sleep difficultites. Knee pain frm yesterday stiffness pain and cant fold. Low back pain < lying only. gastritis better. Bp: 100/70mmhg.

Rx:

1. Nat sulph1m /thuja1m – 8 doses weekly twice.
2. Actae spicata 1m/ rhus tox 1m/bryonia 1m disc 4-0-4 a/food.
3. KURCHI/HYDRASTIS – 15-15-15 DROPS A/FOOD WATER.
4. Acid sulph 200 7 doses – alternate days mng b/brush.

27/4/19: knee pain stiffness. Feet burning even fingers also are not bending. So much pain. gastritis is inc a bit. Low back pain better.

Rx:

1. Sec cor 200 – 4 pills aftn /night. 1 dram pills
2. Sulphur 200 – 4 morning/evening b/food. 1 dram pills.
3. Lyco 200 – disc 4-0-4 .

4/5/19: inabsentia feels pain in the toes of the feet.

Rx:

1. Verbena 30/valeriana 200/ ars 30 – 4-4-4-4 pills

15/5/19: LEG PAIN SAME.TOES PAIN SAME. SMOKING STILL.

RX:

1. STAPHYSAGRIA 200 – 4 AFTERNOON
2. THUJA 200- MORNING
3. NUX VOM 200 – NIGHT
4. ARS ALB 200 – EVENING.

22/5/19: on bp and dm tablets. . . cough occasional. Cant bend and take things or cut nail gets back pain.

Rx

1. Sulphur1m – 2 doses
2. Petrol 200/sepia200 – 4-0-4 b/food.

19/7/19: leg pain same. Gastritis. As if swelling. Fat feeling. Retrosternal pain. Pricking at times. Bloated abdomen.

Rx:

1. Nat phos 1m – mng/evening.
2. Thuja 0/1 – 4-0-4 b/food.
3. Nux vom 1m/aloes 200 – aftn/night.
4. Sulphuric acid 1m – mng b/food 1 dose – 10 doses.
5. Vit d – 1 tab mng b/food – 10 tabs.
6. Alfalfa/cephalandra/kurchi/abroma- 15-15-15 a/food water.

10 days med

7/8/19: no change. No change. Dorsum of the foot medial and lateral side s feels lot of pain.

Rx:

1. Prunus spinosa 200 -4—4-4-4 2 dram.
2. Apis 200 – 4-0-4 pills 2 dram
3. Kali phos 6x 4-4-4

1 week med.

250

9/8/19: cant cover blanket burning.

Rx:

1. Puls Q /valeriana Q/crateagusQ – 15-15-15 a/food water
2. Puls200 – morn/evening
3. Sec cor 6c disc 4-4-4-4
4. Sulphur 200 – aftn/night b/food.
5. Med 200 – 2 doses 5 days once.b/brush mng.

10 days -